

Why Choose Alliance?

- Experienced, trauma-informed providers trained in components of TBRI.
- Rapid-response matching for urgent placements.
- Strong partnerships with DCYF and community resources.
- Consistent, high-quality clinical and wraparound services.
- Commitment to keeping youth safely supported in the community.
- Decades of experience delivering services to youth and



Contact Us

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Urgent Stabilization Services





What Is Urgent Stabilization?

Urgent Stabilization is a short-term, therapeutic crisis intervention model lasting 30 days, with options for 60- or 90-day extensions. Focus is on immediate safety, rapid engagement, behavioral stabilization, and planned transition to a longer-term setting.

The model prevents placement disruption and reduces hospital or congregate care admissions by providing short-term, trauma-informed, relationship-based stabilization within the community. It leverages key components of Trust-Based Relational Intervention® (TBRI) to support attachment, build trust, and reduce challenging behaviors through connection, empowerment, and clearly structured responses.

Flexible Contact

Service frequency adjusts with youth need, increasing during crises. Supports include in-home visits, safety check-ins, behavioral coaching, and Casey Life Skills-guided skill development.

Key Differences from Foster Care

- Rapid placements.
- Intensive, short-term engagement.
- Transition planning that begins immediately.
- Flexible wraparound supports tailored to level of need.

Referral & Intake Process

DCYF refers youth who need immediate stabilization. Alliance reviews the referral to confirm provider readiness, safety needs, and support requirements. Youth are matched with certified Urgent Stabilization providers.

Intake Steps:

- **Within 24 hours:** Complete intake paperwork, releases, safety plan, and crisis contacts.
- **Within 72 hours:** Conduct Casey Life Skills (CLS) assessment and set short-term goals.
- **Immediately:** Begin TBRI-informed engagement, behavioral support, and skill-building.

Available Supports

- **Case Workers:** Coordinate services, documentation, youth/family engagement, visitations, and transition planning.
- **Clinician:** 8-10+ hours/month for clinical screening, short-term therapy, and treatment planning.
- **ABA & Nursing Consultation:** Behavioral and medical consultation as needed.
- **DSPs/Mentors:** 1:1 support, coaching, life-skills practice, school advocacy, and transportation assistance; up to 10 hours/month (additional hours with authorization).
- **Counseling Services:** Medicaid-billable individual and family therapy with a licensed therapist.
- **24/7 Crisis Support:** Immediate assistance for urgent situations.



Our Core Values

- To provide innovative services that are tailored to the unique needs of those we serve
- To assist individuals in establishing permanent family relationships and community connections
- To adapt to diversity and cultural contexts of the people and communities served
- To incorporate best practice standards and evidence-based approaches in all of our programs and services

